

Team Sports

Coach Knight-Course Syllabus

- I. Class Description—Team Sports will consist of activities that will be beneficial in maintaining a health and active lifestyle throughout adult life. Activities will include fitness, recreational games, sports and weight training.**
- II. Grading—**
A. DRESS OUT/PARTICIPATION 65% Students will be required to dress out and participate in all class activities every day. Each student begins with 100 points on their daily grade. Four points will be deducted for each dress cut or for lack of participation.
- B. FORMAL TESTS 20% Test will be given over rules and regulations of activities covered in class.**
- C. FINAL EXAM 15% A comprehensive final exam will be given over all activities covered during the semester.**
- III. Dress Code--- Students will be required to provide their own clothes to dress out in. P.E. dress should consist of either shorts, sweat pants or warm up pants; t-shirts or sweatshirts and tennis shoes. All clothing should meet the dress code as outlined in the student handbook.**
- IV. Lockers—Students will be assigned a locker and be given a lock to secure clothing and valuables. If the lock is lost he or she will be required to pay for the lost lock. All students are urged to lock their clothes and valuables in their locker in order to prevent theft.**
- V. Procedures--- Students will have 5 minutes after the tardy bell to be dressed out, in the assigned area and ready for class. At the end of the period students will be given 10 minutes to change back into school clothes and get ready for their next class. Students may not leave the gym for any reason during or after class, until the bell rings, unless permission is given by the teacher.**
- VI. Behavior-- I expect each of you to conform to the student behavior code. If I have any problems I will handle them on a case by case basis. If you come to class on time, dress out and try your best every day, this will be a fun class and you will not have any problems.**

Student Signature _____

Parent Signature _____