

A decorative border surrounds the central text, consisting of a grid of colorful apples. Each apple is divided into four quadrants of different colors: green (top-left), red (top-right), yellow (bottom-left), and purple (bottom-right). The apples are set against a background of alternating blue and green squares.

**Core Essentials**  
**May 2008**

*Patience: Waiting until later  
for what you want now.*

**Ways to Show Patience:**

- Wait patiently in line, for a turn, for water, to get lunch, to play a game, etc.
- Raise your hand to speak instead of speaking out in class.
- Identify other students and teachers who are being patient.
- Determine times when you should have been more patient.