

A decorative border surrounds the central text area, consisting of a grid of colorful apples. Each apple is divided into four quadrants of different colors: green (top-left), red (top-right), yellow (bottom-left), and purple (bottom-right). The apples are set against a background of alternating blue and green squares.

## Core Essentials Quotes

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### Courage

- *"Courage is a special kind of knowledge: the knowledge of how to fear what ought to be feared and how not to fear what ought not to be feared."* - Davis Ben Gurion
- *"Success is never final and failure is never fatal. It's courage that counts."* - Jules Ellinger
- *"All our dreams can come true, if we have the courage to pursue them."* - Walt Disney
- *"He who is not courageous enough to take risks will accomplish nothing in life."* - Muhammad Ali