

A decorative border surrounds the central text, consisting of a grid of colorful apples. Each apple is divided into four quadrants of different colors: green (top-left), red (top-right), yellow (bottom-left), and purple (bottom-right). The apples are set against a background of alternating green and blue squares.

Core Essentials Quotes February
2008
Kindness

- *"If there is any kindness I can show, or any thing I can do to any fellow being, let me do it now, and not deter or neglect it, as I shall not pass this way again." - William Penn*
- *"Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom." - Theodore Isaac Rubin*
- *"No act of kindness, no matter how small, is ever wasted." - Aesop*
- *"Ashes fly back into the face of he who throws them." - African Proverb*