

A decorative border surrounds the central text, consisting of a grid of colorful apples. Each apple is divided into four quadrants of different colors: green (top-left), red (top-right), yellow (bottom-left), and purple (bottom-right). The apples are set against a background of alternating blue and green squares.

Core Essentials Quotes

April 2008

Joy

- *"Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy."* - Thich Nhat Hanh
- *"A joy that is shared is a joy made double."* - an English Proverb
- *"Real joy comes not from ease or riches or from the praise of men, but from doing something worthwhile."* - Pierre Coneille
- *"Joy is not in things; it is in us."* - Richard Wagner
- *"A thing of beauty is a joy forever."* - John Keats