

**JEFFERSON ELEMENTARY SCHOOL
COMPREHENSIVE DEVELOPMENTAL SCHOOL COUNSELING PROGRAM
LESSON PLAN
FEBRUARY 2008**

Counselor: Anny Kenney

Title of Lesson: Kindness

Essential Question: What is a good citizen?

Key Questions: What is kindness?
How can I use kindness to show others they are valuable by how I treat them?

Intervention: Classroom Guidance X Small Group

Target Grade: Kindergarten

Curriculum Integration: English/Language Arts; Unit on Friendship and Manners

AMERICAN SCHOOL COUNSELOR ASSOCIATION STANDARDS

ACADEMIC

- A:A1.5 – Identify attitudes and behaviors that lead to successful learning

CAREER

- C:A2.7 – Develop a positive attitude toward work and learning

PERSONAL/SOCIAL

- PS:A1.2 – Identify values, attitudes, and beliefs
- PS:A1.6 – Distinguish between appropriate and inappropriate behavior
- PS:A2.3 – Recognize, accept, respect, and appreciate individual differences

GEORGIA PERFORMANCE STANDARDS

ENGLISH/LANGUAGE ARTS

- ELAKR1f – Begins to understand that punctuation and capitalization are used in all written sentences.
- ELAKR5a – Listens to a variety of texts and uses new vocabulary in oral language.
- ELAKR6a – Listens to and reads a variety of literary (e.g., short stories, poems) and informational texts and materials to gain knowledge and for pleasure.
- ELAKR6g – Connects life experiences to read-aloud text.
- ELAKW1d – Uses left-to-right pattern of writing.

QUALITY CORE CURRICULUM STANDARDS

CHARACTER EDUCATION

- **Standard** – Citizenship
 - 7.1 – **Tolerance:** the allowable deviation from a standard. Indulgence for beliefs or practices differing from or conflicting with one’s own.
- **Standard** – Altruism: concern for and motivation to act for the welfare of others.
 - 11.1 – Civility and **cheerfulness:** courtesy and politeness in action of speech.
 - 11.2 – **Compassion, kindness, and generosity:** concern for suffering or distress of others and response to their feelings and needs.
 - 11.3 – **Courtesy and cooperation:** recognition of mutual interdependence with others resulting in polite treatment and respect for them.

GUIDANCE

- **Standard** – Identify how people are unique.
 - 2.2 – Demonstrate effective skills for interacting with others.
 - 2.7 – Demonstrate awareness of different cultures, lifestyles, attitudes, and abilities.

MATERIALS/RESOURCES: Learn about Values: Friendliness by Cynthia A. Klingel, white board, dry erase maker, red butcher paper, red, white, and pink die cut hearts made from construction paper, pink copy paper, Bee Kind sign (see end of document), Bee Kind hearts (see end of document), crayons, colored pencils, markers, glue, digital camera.

DURATION OF LESSON: 30 minutes

ACTIVITY OUTLINE

- Discuss the meaning of the character education word of the month – *kindness: showing others they are valuable by how you treat them.*
- Read Learn about Values: Friendliness by Cynthia A. Klingel to students. Substitute the word kindness for friendliness; it works just the same.
- Make a kindness word web on a white board with a dry erase marker using students' suggestions to process the book.
- Let each student pick out a red, pink, or white die cut heart to write about kindness on. Instruct students to write about what kindness means or give an example of kindness.
- Stress the use of capitalization and punctuation and writing left-to-right on their hearts.
- Have a large heart traced and cut out of red butcher paper with the Bee Kind Sign customized for each class available for students to glue their kindness hearts on as they complete them. Assist students as needed.
- Have students share their kindness hearts with the class if they would like to.
- Take a picture of the completed product and leave in the classroom for a visual cue about kindness.
- Give each student one of the Bee Kind hearts to remind them to be kind or to give to someone they see being kind to others.

MODIFICATIONS FOR DIFFERENTIATED LEARNING

- Visual –Use white board and dry erase marker to complete the kindness word web. Let students refer to it as they write their sentences on their hearts.
- Auditory – Repeat directions several times and answer questions that are posed; use sound field microphone for voice clarity.
- Kinesthetic – Allow students to move around the room and find a comfortable spot to work on their kindness hearts.

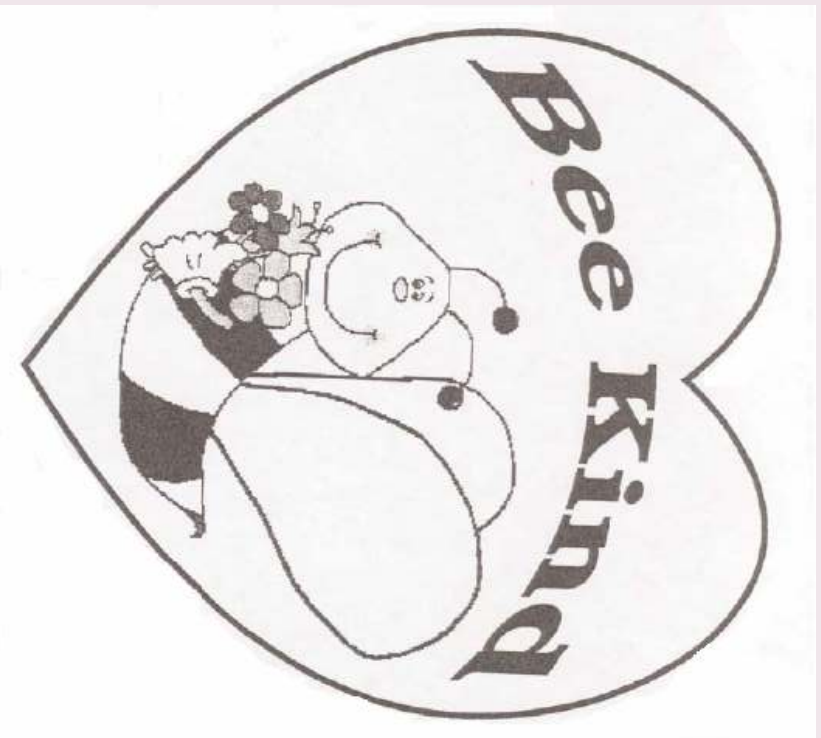
EVALUATION

- Enter students' responses on their kindness hearts into kindergarten portfolio spreadsheet. Use rubric format to assess student responses.

CONCLUSION

- Remind students that *kindness means showing others they are valuable by how you treat them* and that teachers and classmates are watching for kindness so a student from their class can be nominated to attend the Dragon Diner with Ms. Kenney.

- Ms. Martin's Class
- Knows How to . . .



Kindness Classroom Guidance

February 2008

Ms. Kenney

